

CURRICULUM VITAE

Portia Conix, D.O.

EDUCATION

- 09/65 - 06/69 **Philadelphia High School for Girls**
Philadelphia, PA
Degree: Diploma - College Preparatory
- 09/80 - 05/83 **Community College of Philadelphia**
Philadelphia, PA
Degree: A.S., Biological Sciences
- 09/83 - 05/85 **Immaculata College**
Immaculata, PA
Degree: B.A., Biochemistry
- 08/85 - 05/89 **Philadelphia College of Osteopathic Medicine**
Philadelphia, PA
Degree: Doctor of Osteopathy

POST-GRADUATE

- 06/89 - 03/90 **Osteopathic Medical Center of Philadelphia**
Philadelphia, PA
Program: Internship
- 08/90 - 06/91 **Franklin Square Hospital**
Philadelphia, PA
Program: Internship
- 09/91 - 09/93 **North Philadelphia Health System, St. Joseph Division**
Philadelphia, PA
Program: Family Practice Residency
- 10/96 **Board Certification - Family Practice**

EMPLOYMENT

<i>11/93 - 9/95</i>	Private Practice Portia Conix, D.O. (Family Practice, Weight Control, Nutrition) 1012 South 45th Street Philadelphia, PA
<i>03/94 - 03/95</i>	Primary Care Physician John F. Kennedy Southwest Medical Center (District Council 33) 3001 Walnut Street Philadelphia, PA
<i>11/95 - 01/97</i>	Primary Care Physician (Family Practice, Weight Control, Nutrition) Bantom Medical Associates 5615 Girard Avenue Philadelphia, PA
<i>04/97 - 08/98</i>	Primary Care Physician (Family Practice, Weight Control, Nutrition) Einstein Community Health Associates 5606 Germantown Avenue Philadelphia, PA
<i>03/99 - 12/01</i>	Private Practice Portia Conix, D.O. (Family Practice, Weight Control, Nutrition) 5634 Arch Street Philadelphia, PA
<i>06/99 - 12/01</i>	Primary Care Physician Warren E. Smith Health Center Outpatient Mental Health Services 1315 Windrim Avenue Philadelphia, PA
<i>10/05 - 07/06</i>	Primary Care Physician Nelson Medical Group 1300 South 18 th Street Philadelphia, PA
<i>10/01 – 04/04</i> <i>06/06 – 10/08</i>	STD Physician Specialist District Health Center # 1 1400 Lombard Street Philadelphia, PA

01/09 – 01/11

Primary Care Physician
(Family Practice, Director Weight Control Clinic)
Quality Community Health Center
2501 West Lehigh Avenue
Philadelphia, PA

01/24 – 06/25

Reading Interventionist (Middle School)
Vision Academy Charter School
153 Penn Boulevard
East Lansdowne, PA

HONORS & ACHIEVEMENTS

Community College of Philadelphia

- 1982*
 - Outstanding Student - Humanities Honors Program
 - Dean's List
- 1983*
 - Rotary Club Scholarship
 - Finalist - Florence Fishman's Outstanding Tutor
 - Dean's List

Immaculata College

- 1984*
 - Charlotte Newcombe Scholarship for Continuing Eds
 - Pennsylvania's Top 10 Outstanding Adult Students in Higher Education
 - Inductee: SIGMA ZETA - National Math & Science Honor Society
- 1985*
 - Chester County Sertoma Club Award
 - Charlotte Newcombe Scholarship
 - Senatorial Citation - Senator Hardy Williams (8th District)

Philadelphia College of Osteopathic Medicine

- 1985*
 - Ethel D. Allen, D.O. - Memorial Scholarship
- 1986*
 - National Medical Foundation Scholarship
- 1987*
 - Outstanding Minority Student of PCOM, Medical Society of Eastern PA

AWARDS

- 1988*
 - Outstanding Young Woman of America Award
- 1995*
 - "Against The Odds Award," Blacks Networking for Progress, Inc.
- 1997*
 - Outstanding Alumni of the Year Award, Community College of Philadelphia
- 1998*
 - National Who's Who Award

- 1998* • Notable African American Alumni Award, Philadelphia High School for Girls'
- 2009* • Productivity Award, Quality Community Health Care
- 2013* • BRIGHT Center Facilitator of the Month, PA Leadership Charter School
- 2014* • BRIGHT Home Facilitator of the Month, PA Leadership Charter School
- 2022* • Women's History Month Inductee, I Am My Sister's Keeper, Inc.
- Professional Reading Tutor Certification, The National Tutoring Association

ACTIVITIES

- 1984* • Pre-Med Advisor & Student Liaison - ASPIRA Minority Students' Organization
- 1986* • Elected President - Student National Medical Association PCOM Chapter
- 1987* • Appointed Pre-Medical Coordinator - SNMA Region 8
- Pre-Med Advisor at 10th Annual ASPIRA Health Conference
- 1988* • Public Relations - SNMA/PCOM Chapter
- Elected Class Representative of PCOM's Student Council
- Nominated Rotational Group 8 Leader
- 1991 - 1993* • Chief Resident - St. Joseph's Department of Family Practice
- 1992 - 1993* • Coordinator - Breast Cancer Awareness, St. Joseph Hospital
- Coordinator - Women's Health Fair, North Philadelphia Health Systems
- 1995* • Facilitator - HIV Awareness Workshop, Senator Hardy Williams (8th District)
- 2002 - present*
 - Founder - Rebuilding Your Temple Ministries™, Inc.
 - Director - Urban Healthcare Curriculum
 - Owner – Be In Health Publishing™
 - Founder - STAY STRONG SISTAS'™ Ministry
- 2005 - 2006* • Facilitator - "Women at the Well," weekly support group for survivors of domestic & sexual abuse

- 2005 - 2007 • Medical Director, Urban Healthcare Education Center, Family Life Wholeness Center, Saints Tabernacle Community Church
- Child Care Health Consultant, Saints Tabernacle After School Program
- 2005, 2008 • Health Fair - Black Deaf Advocacy
- 2010-2011 • Women's Health Fair - Stay Strong Sistas'™ Ministry
- 2010 • Men's Health Fair – Be Bold Brothas' Ministry
- 2010 • Abundant Life Symposium Health Fair – American Baptist Churches
- 2012 • Childhood Obesity Awareness Health Fair – St. Ignatius Church
- 2013 • Health and Nutrition Instructor – Third Antioch Mission Church Home School Center
- 2013 • Home School Facilitator – Third Antioch Mission Church Home School Center
- 2014 • Founder: Best Home School Ever
- 2016 - present
 - Medical Advisor – Conix Health & Wellness™
 - Healthy Living Workshops*
 - Weight Control Workshops*
- 2021 - present
 - Founder & Director – Tutors 4 Reading, Inc.™
- 2022-2023
 - Volunteer Reading Tutor – Vision Academy Charter School
- 2024-2025
 - Middle School Reading Intervention – Vision Academy Charter School
- 2026 -
 - Founder & Director – Read Strong Sistas™
 - Founder & Owner – Portia Conix Tutoring
 - Conix Phonics Family Reading Kits*

LECTURES & WORKSHOPS

- 1991 – 1996 • Lecturer - St. Joseph's Department of Medical Education

- 1992 - 1993 • Lecturer - Critical Care Curriculum, St. Joseph's Dept. of Nursing Education
- Older Women's Health Forum, North Philadelphia Health System
- 1999 – 2002 • Medical Director & Lecturer - Wee Care Program, Calvin Presbyterian Church
- 2002 - 2003 • Lecturer - Philadelphia District Health Center #1
- *Urban Healthcare*
- *Depression & Anxiety*
- *Weight Control & Nutrition Workshops*
- 2003 • Lecturer - Positive Effects HIV Awareness
- *Urban Healthcare & Mental Health Issues*
- 2004 • Lecturer - Mount Pleasant Memorial Baptist Church
- *“Sexual Purity”*
- 2004 • Lecturer - New Life United Methodist Church
Workshop - *Women's Health Issues*
Workshop - *Weight Control & Obesity*
- 2004 • Lecturer - Liberty Conference, Redemptive Life Church
- *“7 Steps to Rebuilding Your Temple”*
- 2004- 2007 • Lecturer - Family Life Wholeness Center, Saints Tabernacle Church
Workshop - *Spiritual Wholeness Clinic (Mind-Body-Soul)*
- *Mental Health in the Urban Community*
- Urban Healthcare
- *Diabetes in African American Men*
- *HIV in the Urban Community*
- *Infectious Diseases in Children*
- *Hypertension & Stress*
- 2004 • Guest Speaker - Phi Theta Kappa International Honor Society, Community College of Philadelphia
“Cancer and Oncogenes”
- 2005 • Lecturer - National Coalition of 100 Black Women
- *Breast Cancer In African American Women*
- 2005 - 2007 • Child Care Health Consultant, Saints Tabernacle After School Program
Workshop - *ADHD, Managing Difficult Behaviors in Young Children*
Workshop - *Stress in Children & Youth*
- 2005 • Lecturer - Mayor's Office of Health & Fitness
- *Kidney Disease*

- 2005 • Lecturer - Mayor's Office of Health & Fitness (con't)
 - *Types of Anemia*
 - *Types of Hair and Diseases of the Scalp*
- 2005 • Lecturer - Center for Frontier Sciences at Temple University
 - *Preventing Breast Cancer Through Diet & Lifestyle*
- 2005 • Lecturer - Black Deaf Advocacy
 - *Preventing Breast Cancer Through Diet & Lifestyle*
- 2005 • Lecturer - Enoch Women's Bible Fellowship
 - *"7 Steps to Rebuilding Your Temple"*
- 2004 • Lecturer - Enoch Women's Bible Fellowship
 - *"The ABC'S of ADD"*
- 2006 • Lecturer – Philly Fitness for Life, Inc.
 - *10 Leading Causes of Death in African American Men & Women*
 - *Eating for Your Blood Type*
 - *Weight Control & Obesity*
- 2006 • Child Care Health Consultant, Saints Tabernacle After School Program
 - Workshop – *The Importance of Documentation*
- 2006 • Philadelphia Access Center
 - Workshop – *"Mental Health Issues in the Urban Community"*
 - "Stress Management in Women"*
- 2007 • Lecturer – First African Baptist Church
 - "Eating The Rainbow Weight Control Party"*
- 2007 • Lecturer – Women of Purpose Conference, Christ Baptist Church
 - "7 Steps To Rebuilding Your Temple"*
- 2010 • Lecturer – Stay Strong Sistas'™ Women's Health Fair
 - "The 12 Signs of Stress"*
- 2010 • Lecturer – Saints Tabernacle After School Program Workshop
 - "The Importance of Documentation"*
- 2012 • Lecturer – Urban Healthcare Curriculum
 - "History of Obesity In African Americans"*
- 2013 • Lecturer – Urban Healthcare Curriculum
 - "History of Obesity In African American Women"*
- 2013 • Lecturer – Urban Healthcare Curriculum
 - "Childhood Obesity"*

- 2015 • Lecturer – Urban Healthcare Curriculum
“Syndrome X”
- 2016 • Lecturer – Conix Health & Wellness
“The Challenge After The Challenge”
3 PHASE PROGRAM FOR “WAIST” MANAGEMENT
- 2017 • Lecturer – Hidden River Alternative Medicine
“The Challenge After The Challenge”
3 PHASE PROGRAM FOR “WAIST” MANAGEMENT
- 2018 • Conix Health & Wellness Weight Control Initiatives
- *The Weight Winner*
- *Pastors for “Waist” Management*
- 2019 • Lecturer – Sisters Interacting Through Stitches
- *Rustbusters*
- *“Waist” Management and Inflammation*

WEBSITES:

<https://www.tutors4reading.com/>

<https://www.portiaconixtutoring.com/>